

September 15th - September 21st

Feel free to stop by the office to submit your request Sunday morning and onwards!

Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20	Sunday 21
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Sunday Brunch
Soup of the Day Ham and Cheddar Sandwich <i>served with</i> Garden Salad <i>or</i> Ginger Beef Rice Bowl	Soup of the Day Cod Bun w/Coleslaw <i>served with</i> Tossed Salad <i>or</i> Cornish Pasty	Soup of the Day Tuna Salad Sandwich <i>served with</i> Pasta Salad <i>or</i> Blueberry Pecan Chicken Salad	Soup of the Day Roast Beef Sandwich <i>served with</i> Potato Salad <i>or</i> Cream Cheese Bagel w/Salmon Lox and Capers	Soup of the Day Bison Burger <i>served with</i> Onion Rings <i>or</i> Veggie Spring Rolls	Soup of the Day Grilled Turkey and Swiss Sandwich <i>served with</i> Spring Salad <i>or</i> Breaded Mushrooms w/Tomato Sauce	Sunday Brunch Soup Oatmeal Waffles and Berries <i>served with</i> Bacon, Sausage, Fruit
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Veal Cutlet w/Creamy Dijon Sauce and Crispy Onions <i>served with</i> Roast Potatoes and Vegetables <i>or</i> Raspberry Chipotle BBQ Pork Ribs Panna Cotta	Slow Cooked Pot Roast <i>served with</i> Mashed Potatoes and Vegetables <i>or</i> Smoked Salmon Pasta Chocolate Cake	Tuscan Chicken <i>served with</i> Scalloped Potatoes and Vegetables <i>or</i> Vegetarian Chili Rice Pudding	Apple Rosemary Pork Chops <i>served with</i> Mashed Potatoes and Vegetables <i>or</i> Roast Pepper and Spinach Frittata Lemon Meringue Tart	Dukkah Salmon <i>served with</i> Rice and Vegetables <i>or</i> Beef Pot Pie Butter Tart Square	Baked Lasagna <i>served with</i> Caesar Salad and Garlic Toast <i>or</i> Boiled Pierogies Date Square	Stuffed Chicken <i>served with</i> Baked Potato and Vegetables <i>or</i> Fisherman's Stew Cheesecake

Cold Plate Alternative available with every meal

Fresh Fruit, Jell-O or Ice Cream are available with every meal

Menu items may be subject to change based on availability

Office: 250-652-3261

There will be no spelling
contest this week!

